





6 partner Universities from Latvia, Italy, Lithuania, the Netherlands, Poland and Austria implement the Erasmus+ Strategic Partnership project which aimed to elaborate different study and teaching materials for development of interdisciplinary and soft skills of students.

In this newsletter find information about events and useful tools for training soft skills of the students!

# MOBILE APP FOR TRAINING SOFT SKILLS

Nowadays labour market requires professionals with highly developed soft skills. That why DISCOM project partnership created Mobile application for everyday use for students and anyone interested to develop the soft skills.

This App can help to improve time management, conflict diagnosis and conflict management, team work, multicultural communication and goal setting skills.

User can choose one or several skills' categories which he or she would like to improve. Each

category contains 45 tasks – different questions, daily tasks, reading materials, links to interesting materials and videos.

Application is free of charge and can be downloaded in Google Play or App Store.





# WHAT DO THE STUDENTS THINK ABOUT SOFT SKILLS - SURVEY

In the spring 2020 we made a survey and asked to the students from different countries if they have heard about "soft skills", do they think universities are paying sufficient attention to training of soft skills of the students and which are the most important skills that students would like to develop.

340 students from 6 countries and 76 teachers from 9 different countries took part in the survey. Most of the students – 70% – confirmed that they have heard about "soft skills", but 54% of them pointed out that in their study programmes they do not have courses which tackle to develop soft skills.

Read full report here: http://skills.turiba.lv/files/SOFT%20SKILLS%20SURVEY%20REPORT.pdf

# Inclusion

#### WHICH SKILLS STUDENTS WOULD LIKE TO DEVELOP?



### INTERNATIONAL CONFERENCE ON SOFT SKILLS

20.04.2022. Conference on Communication and soft skills took place in Riga, Turiba University. During the event participants had opportunity to listen different presentations and discussion about communication and also soft skills. We invite you to **watch video recording** of the conference: http://skills.turiba.lv/index.php?id=22

# DIGITAL BOOK "SOFT SKILLS FOR COOPERATION AND CONFLICT MANAGEMENT"

This Book is collection of articles developed by authors from 6 partner Universities from Latvia, Lithuania, Italy, Austria, Poland and the Netherlands. On the second part of the book there are exercises for individual work and groups.

Target audience of this book is teachers, educators and trainers from different fields. Teachers can raise their knowledge about related soft skills and also can use methods and exercises in their teaching process – no matter which subject they teach. Also students who are willing to develop their soft skills can use articles as valuable reading materials and also practice exercises, especially those which are created for individual work.



READ THE BOOK HERE: http://skills.turiba.lv/index.php?id=23



# VIDEO LESSONS ABOUT SOFT SKILLS

We offer you to watch 12 different video lessons about soft skills, vitality, stress management, conflict diagnoses and management, setting the goals and coaching, time management n multicultural communication. Watch videos and learn more about soft skills! Videos are available on our webpage under each related skills category: http://skills.turiba.lv/

# EXERCISES FOR TEACHERS, GROUPS AND INDIVIDUAL WORK

It is not enough to read about the soft skills, you have to train and practice! That why we have developed practical exercises for teachers, individual use or groups. Teachers can integrate those exercises in their classes and lectures, students can try our group works on multicultural communication, team work, conflict management, time management and setting the goals. Or use exercises for individual work and train your soft skills! Exercises can be found in our webpage under each related soft skill category.



#### AND MANY MORE USEFUL MATERIALS: http://skills.turiba.lv